

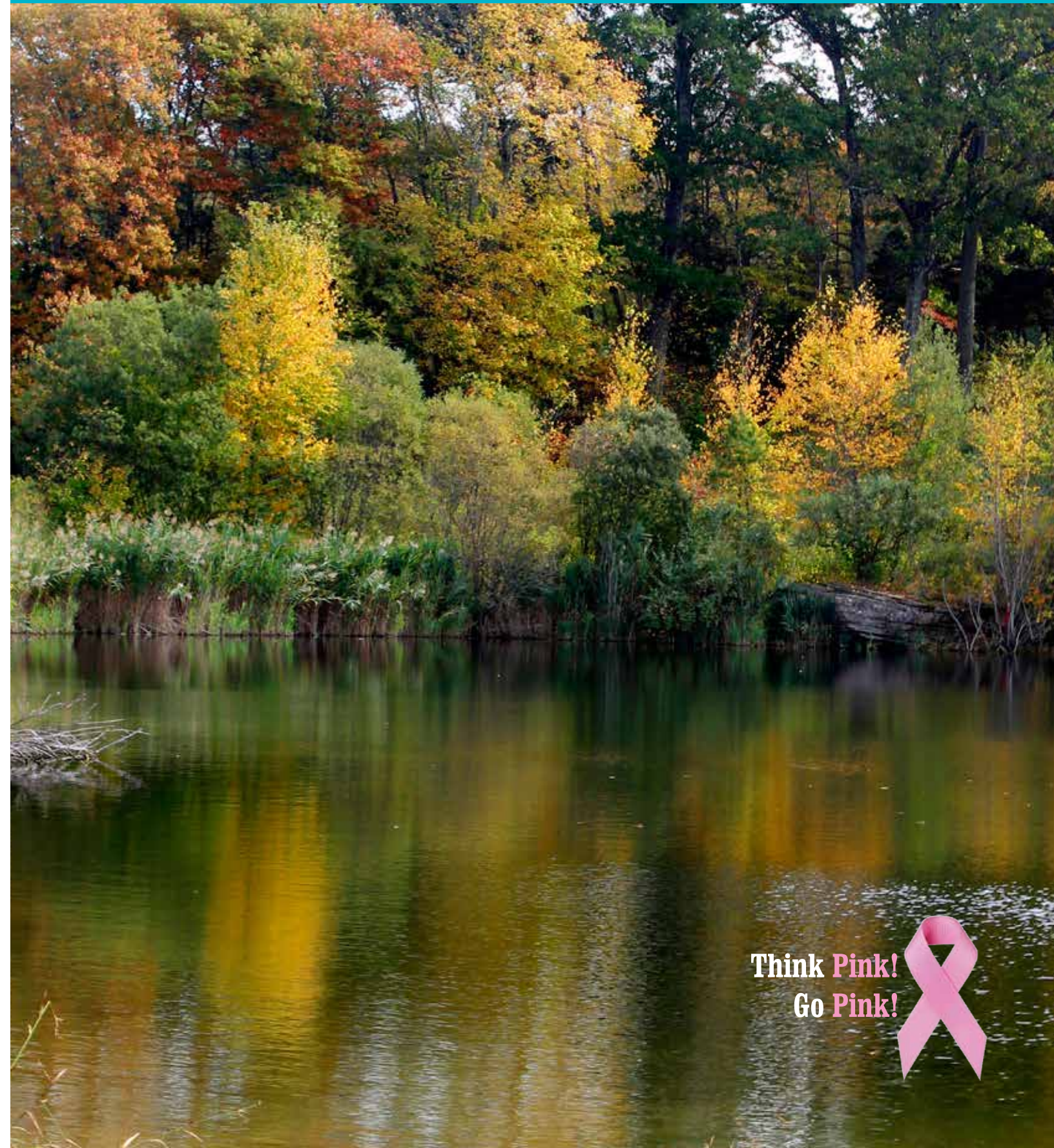
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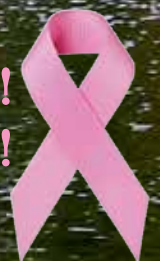
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Volume 6 • Quarter 4 • 2013



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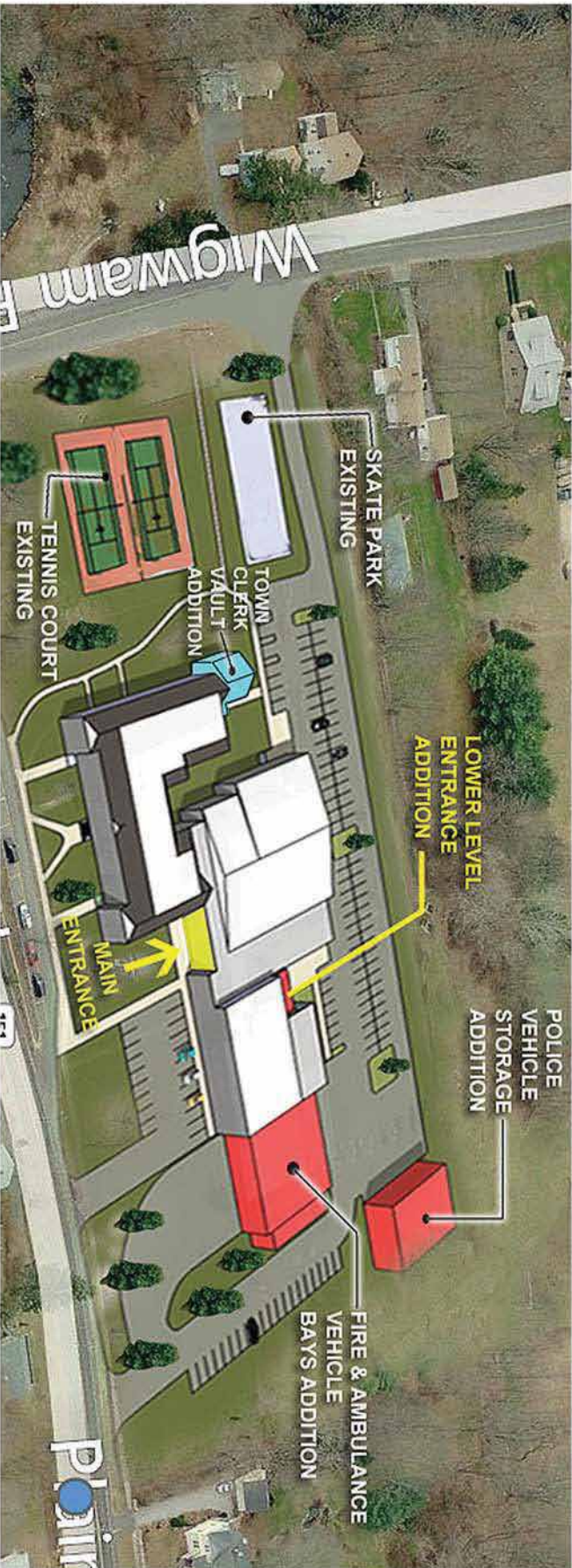
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 Building Department
 Land Use Department
 Sanitarian
 Town Historian
 First Selectman's Office
 Registrar of Voters
 Parks & Recreation
 Economic Development
 VNA
 Youth & Family Services
 Probate
 Food Bank & Clothing Bank

BOARD OF EDUCATION:
 Superintendent's Office
 Special Education
 Administration

EMERGENCY SERVICES:
 Police Department
 Fire Department
 Ambulance
 Emergency Management
 Fire Marshal

SHARED SERVICES:
 Facilities Department
 Finance Department
 Information Technology (IT)

- ADVANTAGES:**
- > Consolidation of town services and departments.
 - > Creation of a public safety facility and enhancements to the Town St. Fire Dept.
 - > Re-Purpose the existing town operated facilities for commercial development.
 - > Returning properties to the tax base.
 - > Revitalization of the entire building.
 - > Preservation of the historic exterior and interior murals.
 - > Economic Development within Moodus Center.



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First Selectman's Corner



Mark Walters

As I complete my third term in office I reflect back and I am extremely proud of the great employees of the town as well as the volunteers who serve on all the boards and commissions who have come together as one to improve this great town!

Through one of the most difficult economic environments in US history, they came together to basically keep spending flat while simultaneously improving service to the town, expanding open space and improving the quality of life for each of us.

Sure we often disagreed, but this led to healthy non-partisan debate. The result is that through our excellent financial management a fantastic foundation was pored for us to move forward in a bold way to improve the infrastructure of our town and the quality of the education our children receive.

You see in 2010, I recommended and the Board of Selectmen formed the Financial Needs Roundtable Committee to build a strong vision as well as review our capital requirements out ten years. The Committee completed its work in 2012. The following major projects were identified and recently presented:

- consolidating municipal offices with handicap access
- public safety issues including additional space for Emergency Services and repairs to the Moodus Firehouse
- Elementary School code upgrades/renovations

East Haddam contracted with O&G Industries to act as the program manager with the responsibility of analyzing the projects and to advise the town on the most cost efficient and cost effective options to address these needs.

The Board of Selectmen (BOS) has recently appointed two building advisory groups.

- The Municipal Facilities Building Advisory Group has been charged with reviewing the work previously done by the Middle School Conversion Committee, continuing to look at converting the old Middle School into consolidated municipal offices in a significantly more financially responsible way and reviewing the condition and space requirements of two firehouses.
- The Elementary School Advisory Group has been charged with reviewing the 2012 Elementary School architectural study completed by Kaestle Boos Associates. This study documents several building code updates and renovations that are required at the Elementary School and will greatly enhance the learning experience of our youngest students.

The goal for both of these advisory groups is to formulate specific and informed recommendations for the Boards of Finance, Education and Selectmen so the projects can be brought to and thoroughly explained to the residents of East Haddam. We will hold public information sessions so that citizens will be able to become informed on the projects. Our ultimate goal is that the projects will be voted on at referendum.

First Selectman's Corner ... continued on page 3

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Resident Josephine Herman with son Ralph enjoying a special occasion on one of many outdoor patios.

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Ralph wanted peace of mind and security for his Mom.**

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Josephine moved from Long Island to be closer to her son Ralph. They enjoy spending time outdoors on the beautifully landscaped patios. Being with newly found friends adds joy to Jo's day as they share a variety of activities together.

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First Selectman's Corner ... continued from page 2

In this edition of Events Magazine there is information from each Advisory Group discussing their respective work to date and an outline of the overall scope of their projects as well as the benefits to the town.

These town and education improvements are extremely important and require a significant investment by the town. The total estimated cost to complete these projects is approximately \$40.3 million. The good news is that at this time we estimate state school construction grants, other potential grants, and income from the sale of the town office site and Moodus Firehouse properties to be approximately \$10 Million.

My vision is to continue to significantly improve the towns Emergency Management, the quality of our children's education and the overall experience of living in this town. The vision is bold and while requiring a significant investment, will position the town's services to our residents for decades to come.

You see, the Town has outgrown many of the existing facilities (i.e. Town offices, Police, Fire, Ambulance and Emergency Management) and there are maintenance and handicap access (ADA) issues to be addressed. These large repairs and upgrades were put on hold anticipating that the option to move to the old Middle School would address the majority of the issues. The Board of Selectmen, the Board of Finance, and I rejected the original plans to convert the Old Middle School because the costs were exorbitant for

the original scope of that project. We are now much more comfortable as these investments cover a significantly broader scope of services than the original plans.

Listed on the next page are the identified projects and the estimated costs for full renovation and the costs for required code work and repairs should the citizens not support full renovations at referendum:

Furthermore, we have an amazing opportunity for our town. Our town offices sit on one of the most beautiful and valuable pieces of real estate along the Connecticut River. Relocating the town offices would enable us to sell that property and expand the economic base in both the East Haddam and Moodus villages.

In summary, we have an incredible opportunity to move boldly forward and improve the town's infrastructure that will have a meaningful impact on the quality of life for each resident for decades to come with these projects. We are also going to be faced with these important decisions over the next several months. I would ask that you take the time to stay informed by attending the advisory group's meetings, attending the public hearings and town meetings, and most importantly take the time to vote at the referendum. Please watch our website for details on all of these events. www.easthaddam.org.

First Selectman's Corner ... continued on page 4

Take To The Woods with the Conservation Commission

There is a very long list of good reasons to live in East Haddam, and prominent among those reasons are the beautiful wild places we have right outside our doors. Your town has well over a thousand acres of preserved open space. It is cleansing your air and water, keeping your property taxes down, enhancing your property values, and - most importantly - providing places for you to go outdoors, learn about the natural world, and be reminded of how special our part of that world is.

Your Conservation Commission, nine volunteers who meet monthly, is charged with taking care of or "stewarding" this open space, and we take very seriously our responsibility to give you ready access to trails that wind along brooks, climb to vistas, and traverse beautiful forests.

Here's the catch. We can't do this without your help. In just the next few months, we will be marking boundaries and blazing trails on six of our finest properties. We could use your help! Would you be willing to volunteer a few hours of your time on a Saturday afternoon between 1 and 4 to help with our projects? We guarantee that it will require no special skills and that you will be able to look back with satisfaction at something you did to make your town better. And it's fun! Our work parties are generally second and fourth Saturdays of the month. If you would like to be on an email contact list for notices of our work parties, please contact Conservation Commission Member Paul Sienna at Paulsiennajr@gmail.com and let us know. We would love to see you, and we know you will love to get to know some of the wild places that make East Haddam special.

17th Annual Project Safe Halloween

All children up through grade 8 who are residents of East Haddam/Moodus are invited to attend the Annual Project Safe Halloween Party on Wednesday, October 31, 5 to 8 p.m. in the Elementary School gymnasium. Come take a hayride and trick or treat for lots of goodies. This event, offered as a safe, fun alternative to traditional trick or treating, is sponsored by the East Haddam Police Department.

Civic groups are encouraged to join us by sponsoring a table. Please contact Beth Schondorf at 860-873-9772 to

register. You must register prior to the event even if you have participated in the past.

This event is totally funded by donations from the community. Monetary donations are needed and can be sent to Project Safe Halloween, P.O. Box K, East Haddam, CT 06423. Donations of candy cannot be accepted.

For more information or to help out at this very popular event, call Maryjane Malavasi at 860-759-5716.

First Selectman's Corner ... continued from page 3

Location/Description	Renovations Costs (before any granting opportunities)	Identified Code and Required Maintenance Costs Should Referendum Fail
Old Middle School		
Renovation to include addition of police garage, fire and ambulance bays and office space, town clerk vault and entrance vestibule	\$20,354,000	n/a
Potential demolition, with failed referendum	n/a	\$2,500,000 to \$4,000,000
Firehouse Company #1 - Town Street, East Haddam		
Upgrades in conjunction with renovating old middle school.	\$1,675,000	n/a
Necessary renovations and upgrade, with failed referendum	n/a	\$3,500,000 to \$4,000,000
Firehouse Company #2 - William F. Palmer Road, Moodus		
Repairs—roof, siding, foundation, mechanical, emergency facility structure reinforcement, with failed referendum	n/a	\$2,100,000
Main Street East Haddam Site		
Town Office Building - renovations, ADA upgrades, with failed referendum	n/a	\$1,800,000
Riverhouse—renovations, ADA upgrades, with failed referendum	n/a	\$1,100,000
Garage, Annex and site work, with failed referendum	n/a	\$2,000,000
Elementary School		
Renovate as new—full upgrade to entire facility	\$18,300,000	n/a
Roof repair, with failed referendum	n/a	\$1,090,000
Boiler/energy control upgrade, with failed referendum	n/a	\$300,000
Structural repair—(masonry, walkways, broken windows), with failed referendum	n/a	\$560,000
Security upgrades—cameras, alarms, access control	n/a	\$130,000
Building, fire safety and ADA code upgrades—security, kitchen fire suppression system, accessibility (bathrooms, handrails, walkways, etc.), exit lights and signage, with failed referendum	n/a	\$792,000
Total Costs (before any granting opportunities)	\$40,329,000	\$15,872,000 to \$17,872,000

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East Haddam Library System

The East Haddam Free Public Library and The Rathbun Free Memorial Library are currently working together to bring East Haddam Citizens the best library services imaginable. The libraries united to form the East Haddam Library System in late June. Since then, the EHLS has begun work to create uniform policies and procedures for the new system. As the libraries continue to grow together they will be able to offer new services including expanded hours, more convenient circulation options, and lower fines & service fees. Not to mention all the best programs, books, DVDs, and materials for the best patrons in the world, you.

Whether you're a longtime patron, a new cardholder, or someone who hasn't visited in a while, the libraries have something for everyone. Please visit us at either location and see what we have to offer. Below is a sampling of programs available at your Friendly Neighborhood Libraries.

Programs available at the East Haddam Free Public Library (18 Plains Rd, Moodus):

Story Hour: Make memories with timeless tales followed by creative crafts. Every Tuesday from 10:30-11:30 (ages 3+).

Paleo-Pals Dinosaur Club: Kids age 5-11 are invited to create cretaceous crafts and learn all about our favorite giant lizards at Paleo-Pals Dinosaur Club. Join us the first Thursday of every month from 4:30-5:30.

Teen Write Club: The library is publishing a book of local teen literature, and it needs your help. Let your imagination loose and write alongside your fellow teen writers. Did we mention there's free pizza? The second Friday of every month from 6:00-8:00 (ages 12-18).

Something Awesome (Movie Night): It's the library's brand new movie night. What we're showing is a surprise, all we can promise is ... it's something awesome. The fourth Thursday of every month at 6:30 (ages 10+; Families welcome).

East Haddam Book Club: Grab a copy of the book of the month from the circulation desk, read it and bring your opinions (and

your sense of humor) to the library on the second Wednesday of every month from 7:00-8:00.

Holiday Hootenannies: The library is celebrating Halloween, Thanksgiving, and Christmas with revelry and merrymaking. Join us for games, light holiday themed refreshments, music, and good times. It's fun for the whole family (and is followed by the library's monthly awesome movie night) 5:30-6:30 on Thursday 10/24, Friday 11/15, & Thursday 12/19.

Programs available at the Rathbun Free Memorial Library (36 Main St, East Haddam):

Story Time: Children ages 3+ are invited to the library for weekly story times every Monday & Thursday at 10:30-11:30.

Baby Book Time: Toddlers under 3 are welcome to join the interactive Baby Book Time Program every Wednesday at 10:30-11:30.

The American Girl Club: Bring along your favorite American Girl Doll and enjoy snacks and crafts - the first Wednesday of every month from 3:30-4:30.

The FETCH Science Club: Based on the popular PBS Series, this program invites young people to use their imagination and their brains to create cool science projects like marshmallow catapults, toy parachutes, and more! - The second Wednesday of every month from 3:30-4:30.

Video Games: Stop by the library for an afternoon with the Nintendo Wii. (Rated E for Everyone) The third Wednesday of every month from 3:30-4:30.

Art shows, guest speakers, receptions and more are coming to the Rathbun Library this autumn. Stay tuned for details!

Above is just a sampling of all your libraries have to offer. For more details please visit the library blog at <http://EHLS.blogspot.com>, call the libraries - EHFPL: 873-8248 | Rathbun: 873-8210 - or stop by and visit.

With everything the East Haddam Library System has to offer - It's an exciting time to have a library card in East Haddam!

A Note From the Assessor

All persons having taxable personal property to declare such as: unregistered motor vehicles, horses and ponies, farm equipment, or any furniture, fixtures, and equipment used in the operation of a business, must do so by November 1, 2013. Declaration forms are available at the Assessor's Office; however, they will also be mailed to all businesses and residents who have declared property in the past. Please be aware if you have taxable personal property, and do not declare it, state statutes allow the assessor to add it at an estimated amount, plus a 25% penalty.

Applications for Farm, Forest and Open Space will be

accepted from September 1 until October 31, 2013. Forms are available at the Assessor's Office, or online at the town website.

Any persons who acquired a new motor vehicle after October 1, 2012 will receive a supplemental motor vehicle bill for their new vehicle by January 2014. These bills will be prorated, based on the date of registration, for the 12-month period starting October 2012 and ending September 2013. Vehicles acquired in August or September do not receive supplemental tax bills.

Please call the Assessor's Office at 860-873-5026 if you have any questions.

Volunteer Ambulance Association

The ambulance service for medical emergencies in East Haddam depends largely upon local volunteers. Anyone interested in "giving back" to the community might want to consider volunteering for this work. The Ambulance Association offers training opportunities and other incentives, and it has a long history of local service.

Check out the website, www.easthaddamambulance.org for a good introduction. Please also feel free to call Chief of Operations, Dean Anderson, at 860-208-7886 for more information.

As the population of East Haddam continues to grow, your involvement is all the more important. Thank you.



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1200	\$4,284.00	\$4,224.00

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Score

Scoring is easy in the "Paper Bowl" at the Moodus United Methodist Church, October 27 (donations are accepted ANYTIME).

The church can always use 8½ x 11" copy paper (especially color), to publish the monthly newsletter and is seeking donations of paper towels, napkins, postage stamps, facial tissue, all sizes of paper plates, cups, and bowls - any and ALL paper products.

Donations are tax deductible and are always greatly appreciated and immediately put to use.

If you have ANY QUESTIONS, please call Beth 860-873-9772.

Holiday Closings

The Town Office Building will be closed on the following holidays:

Columbus Day - Monday, October 14

Veterans Day - Monday, November 11

Thanksgiving - Thursday & Friday, November 28 & 29

Christmas - Noon on December 24 through December 25, reopen December 26

New Year's - Noon on December 31 through January 1, reopen January 2

Martin Luther King Day - Monday, January 20

Regular hours will resume on the next business day.

The Transfer Station will be closed all day on October 14, November 11, November 29, December 25, January 1 and January 20.

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East Haddam Community Lions



One of last year's display items at the Light-up the Holidays Fundraiser



Members of the East Haddam Middle School Show choir performing at last year's Light-up the Holidays reception



Rathbun Library set up for the annual Light-up the Holidays Fundraiser

East Haddam Community Lions invite you to help us "LIGHT-UP" the Holidays Again 2013

Once again we are inviting all Civic minded individuals/groups to donate a decorated holiday tree, wreath, exhibit or gift for auction. Many of us civic organizations and individuals write a check during the holidays ... Let us show our Holiday Spirit and creativity and share it with this community.

All proceeds from this community-wide fund raiser will go to The East Haddam Fuel Bank, Food Bank and Youth and Family Services. Over the last five years of holding this event the East Haddam Community Lions with your help have donated in excess of \$27,000 to these causes. The money raised helped so many, providing heating fuel, food and gifts for the children of families in need, here, in our community ... things that many of us take for granted. We Lit-up their Holidays and warmed our own hearts too.

The donated items will be exhibited in The Rathbun Free Memorial Library, from November 25 - December 6. During this time advertising and a catalogue will be distributed. A silent auction will take place (viewers can bid on exhibits anytime during this period). Once again we will host a Holiday Reception on Friday December 6 from 7:00 - 9:00 p.m. where final bids will take place. All donations will be acknowledged in the program and again on signage where exhibits are displayed.

Decorated themes may say something about you or your group, but this would be up to your own creativity. For more information www.ehcl.org.

If you would like to make a donation or find out more information please contact us... Christmas is coming!! You can "Light-up the Holidays" with us and make a difference to this community.

Lion Linda Bradshaw,
860.873.8933, bradshaw751@sbcglobal.net

Friends of East Haddam Free Public Library

Annual Double Auction

Friends of the East Haddam Free Public Library are holding their Annual Double Auction. The event will begin on October 1 and will run through November 15. Be the highest bidder in the Silent Auction and you could win some great quality prizes or buy tickets in the Chance Auction to enter and win

in the prize drawings. All proceeds will be used to support library programs and buy new books. Your library is free for your use, but its value is immeasurable.

Stop in during library hours: Monday and Wednesday 10-8; Tuesday, Thursday, and Friday 10-6 and Saturday 9-1.

Lions Club

The East Haddam Lions would like to thank everyone who helped make this year's annual Lions Club Auction a success. Thanks to your kindness, generosity and support, the club raised funds that will be put to good use in the community. The club uses 100% of the proceeds from these events to help various town organizations, charities and efforts such as the Food Bank, Fuel Bank, and Nathan Hale-Ray Senior Scholarships. A special thanks to Lion Joe Busher for his outstanding efforts in organizing this outstanding event!

The Lions would also like to thank all the businesses, sponsors, and participants who helped make the annual East Haddam Golf Tournament and East Haddam Phonebook successful. The proceeds once again benefit the entire town. A special thanks to Lions Frank Kehoe, Jon Bennett and Tim Curtis for making the tournament and phonebook possible.

These fundraisers help make events like the Senior Chicken BBQ and Relay for Life Breakfast possible (thanks to Lions Don Goss and Zac Jezek for putting those together).

The Lions will once again be selling Christmas Trees every Saturday/Sunday morning in December. Stop in for freshly cut trees at the cheapest prices around. The club will also be packaging food baskets at the East Haddam Food Bank in November. If you would like to donate to the club and help serve the East Haddam Community, please contact Lion Michael Gilroy at MGilroy@ehfpl.org or (860) 873-8248. To get the latest news on the Lions, be sure to "Like" their page on Facebook.

On a final note, the Lions would like to congratulate their President Dave Carpenter on the wonderful job he has done thus far. If you see Dave, wish him well on the year ahead!

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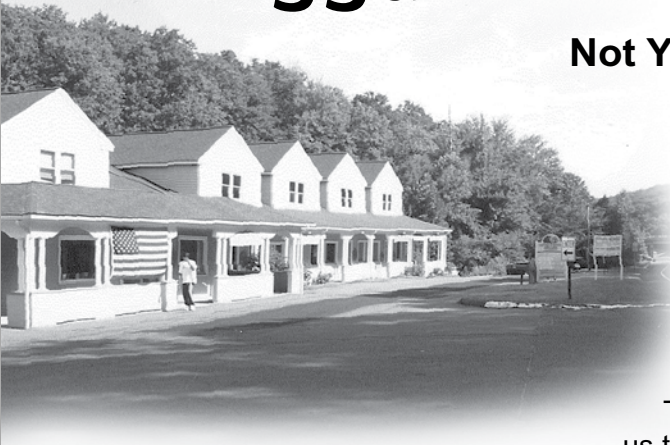
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Costly Repairs Imminent for the East Haddam Elementary School

The East Haddam Elementary School located on Joe Williams Road is the lone elementary school in town serving 332 students from kindergarten through third grade. The school consists of three sections built in 1962, 1964 and 1985, respectively. No sections of the school have ever been renovated. Significant investment is needed to renovate the structure due to wear and tear over the school's 51 years, as well as a need to comply with current building and life safety codes.

A school condition study, commissioned by the Board of Education and completed by Kaestle Boos Associates in 2012, made it clear that the school is in need of major, costly repairs to make the school more serviceable and code compliant. In order to provide local government transparency and solicit community involvement in decision making, the Board of Selectmen established a 7 member East Haddam School Building Advisory Group (Advisory Group) in August of 2013. The Advisory Group began meeting in late August joined by the First Selectman, Directors of Finance and Facilities, Land Use Administrator, and a Board of Education representative (of which are non-voting advisory group members.)

The Advisory Group has been charged with reviewing the various options and costs to repair the school, weigh the pros and cons of each option, and make a recommendation to town officials. Clearly, the town has no choice but to

complete urgent major repairs, bring the school in to code compliance and provide our children with a facility that offers a safe environment conducive to learning. Our group also must closely examine which option achieves the best long range goals for the town while maximizing State of Connecticut reimbursement. The Advisory Group is sensitive to the financial impact to taxpayers and is exploring all repair options and reimbursement scenarios.

The Advisory Group is under very tight timelines to conduct its work. Over the next two months the Advisory Group will: examine and understand all of the repair options and estimated costs; meet with town boards, commissions, and community stakeholders to solicit input; hold public meetings to review the Group's recommendation; and recommend to the Selectmen they move the final adopted recommendation to town referendum.

The Advisory Group urges public involvement at our meetings. Generally, meetings are held on the second and fourth Wednesday of the month at the Grange Hall, but you should check the Town Website for each meeting location. The Advisory Group's meeting dates and locations, agendas, and minutes are all published on the Town of East Haddam website at: <http://www.easthaddam.org/>. Please become involved in this very important issue facing our town.

East Haddam School Building Advisory Group

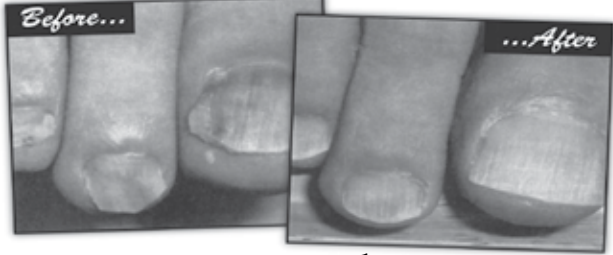


Business Directory
www.EastHaddam.org

On the Municipal Website
Information on 250+ Town Businesses

- WHERE TO EAT *(snacks, dining and grocery)*
- WHERE TO SHOP *(retail, gifts and antiques)*
- WHAT TO DO *(entertainment, arts and outdoors)*
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Land Trust

Land Trust Preserves 45 Acres Along Moodus River

East Haddam Land Trust (EHLT) recently added approximately 45 acres along the Moodus River to its list of Preserves. The outright purchase of property on Grist Mill Road combined with a protective easement of acreage from Gary and Donna Bogan insures that 4,200 feet of land bordering the Moodus River will remain woodlands, wetlands, and meadow.

Preserving the Moodus Riverfront and creating a linear trail along the river has been a goal of the Land Trust for more than 30 years, notes EHLT president Rob Smith. We appreciate Gary and Donna Bogan's willingness to work with EHLT to take another large step toward this goal, Smith adds.

The creation of hiking trails through the property and along the Moodus River for fishing access will begin on October 19 from 9 a.m. to noon, during EHLT's monthly Stewardship activity. Go to the Events page at www.ehlt.org for updated information on this and other EHLT events or follow EHLT on Facebook.

EHLT schedules Saturday Stewardship the 3rd Saturday (9 a.m. to noon) of September through June to maintain its Preserves and multiple trails. All are welcome to join in these Stewardship events to help EHLT keep its trails and property in good condition.

EDC Business Updates

The East Haddam Economic Development Commission (EDC) is pleased to announce the following:

32 Main has opened at 32 Main Street (Route 149) next to the East Haddam Village Post Office. Owner Jon Peters and his staff are there Monday through Saturday from 6:00 a.m. to 6:00 p.m. offering freshly-made breakfast and lunch ready to go or eat in. Coffee and tea, baked goods, soups/chilis and cold or grilled sandwiches are available. Try a "Diamond," a popular ski resort grab and go waffle made using a 100 year old Norwegian recipe. Coming in late fall - take-home dinner entrée options, limited quantities of family favorites such as lasagna. More information can be found on Facebook on the 32maincoffee page or call 860-891-8558.

Bei Capelli Salon, the former New Image Salon, at 25 Falls Road in the Gristmill Plaza is now under the ownership of Melanie Mandile. Melanie has been a hair stylist at the salon for twelve years and is excited to take the helm. A new color scheme, new fixtures, and new flooring greet you, with two new stylists also coming aboard. Myriah has over 10 years of experience and Shaina has five years of experience. These ladies join the familiar faces of Elaine and Melanie to offer professional hair care services and facial waxing. Organic spray tanning is also now available. The salon is open Tuesday

8-5, Wednesday 8-3, Thursday 10-8, Friday 9-5 and Saturday 8-3:30. Call 860-873-3494 or stop by for an appointment. More information can be found on www.beicapellisalonllc.com and on Facebook.

The Spa at New Image Salon has changed its name to New Image Day Spa. Located on the upper level of 25 Falls Road next to Gristmill Market, owner Cookie Gowac has updated her list of services and is offering new massage/facial care packages. Call for an appointment to treat yourself to a massage, facial, waxing, pedicure or manicure, shellac, gel, or make-up application. Ultimate pamper package, acne treatment, anti-aging, and gentlemen's packages available. The Spa hours are: Tuesday, Wednesday, and Thursday 10:00 a.m. - 7:00 p.m., Friday 9:00 a.m. - 5:00 p.m., and Saturday 9:00 a.m. - 3:00 p.m. Call 860-873-8681 or stop by for an appointment. More information can be found on www.newimagedayspa.org and on Facebook.

Please visit the Business Directory on the homepage of the municipal website www.easthaddam.org for a complete listing of East Haddam businesses. Also, check the Community Calendar section for upcoming local business events.

Contact the EDC at mrcdm@snet.net or P.O. Box K, East Haddam, to have your business listed here.

Open Gym

Open Gym is a basketball scrimmage that takes place before school from 6:00 a.m. to 7:00 a.m. on Thursday mornings. Our school principal, Mr. Peacock, Band Director, Mr. Blain, 8th grade science teacher, Mrs. Thody, and social studies teacher, Mr. Raines compete with students in grades 6, 7, and 8. Despite the early hour, we have over a dozen students come to play each week!

After a quick warm-up, we break off into two even teams and play a game. Though we do not keep score, the game is quite competitive with each participant giving their best effort. It really is a great



From left to right: Savannah Jelm, Nicole Trapp, Connor Egan, Jake Vankruinigen, Dylan White, Quincy Cabrera and Callie Burke

opportunity for us to build basketball skills, while having fun and developing our self-confidence.

The main question that many of us get asked is "Why do you guys get up so early?" While we all are there to have fun, it is a true love for the game of basketball that causes us to wake up at five o'clock. It is really great to get together with our friends and some great teachers to play basketball each week. I know one thing that all of us would say about morning basketball it is a definite highlight of our week.

Callie Burke, 8th grade student

Leo Club

The East Haddam Leos are a group of 12-18 year olds from the East Haddam Community who host fundraisers and community service projects. This Autumn/Winter they will be hosting a variety of fun events.

The Leo Apple Festival is on October 26, 10:00-3:00, at the Grange Hall. There will be games, live music, facepainting and the best homemade apple treats around. There will be apple pie, apple cider, apple fritters, caramel apples, and well ... you get the idea. Join us for an afternoon of family fun!

Other Leo events include participating in Project Safe Halloween at the Elementary School, donating time and money to the East Haddam Food Bank, participating in Relay for Life, selling Christmas Trees at the Grange Hall alongside their co-sponsors the East Haddam Lions, arcade nights at the Moodus library, and selling baked goods all over town in their annual Valentine's Day Sweet Sale.

For details about joining, contact advisor Michael Gilroy at MGilroy@ehfpl.org or (860) 873-8248. The Leos meet the First Thursday and Third Tuesday of every month at the East Haddam Free Public Library (18 Plains Rd, Moodus).



Left to Right: Adviser Mike Gilroy, Leo Members Owen McLean, Josh Lake, Francis Hasuly, Sasquatch (Donovan Boynton), Talon Close, Emilia Mitchell, Sam VanValeknberg, Sarah Manstan, Grace McLean, Kara Izzo, Gillian Hoover, Alex Carbo, Will Sanders

It's Back! (Snow, That Is)

We hear frequent complaints about the dangerous road conditions that result when people push driveway snow out into our public roads. We actually have an ordinance prohibiting this practice, which states, "No person shall plow, throw, put or cause to be thrown or put any snow or ice from any private property or from any area in the rear of said private property or in area between a private dwelling house or structure and the legally laid out sidewalk into any public highway in the town of East Haddam."

As a reminder to residents the town also has an ordinance regarding the clearing of sidewalks adjoining or fronting a resident or business property. The ordinance states,

"Whenever the sidewalk, or any part thereof, adjoining or fronting any building lot of land or any street, square or public place in the Town of East Haddam, shall have upon it an

accumulation of snow, sleet or ice, it shall be the duty of the owner, occupant or any person having the care of such building or lot, to cause such sidewalks to be made safe and convenient by removing the snow, sleet or ice therefrom, or by covering the same with sand or some other suitable substance, and in case such owner, occupant or other person having the care of such building or lot shall neglect to do so for the space of eight (8) hours during the daytime, the person whose legal duty it shall be to clear the sidewalk, and so neglecting, shall be fined not more than twenty five (\$25.00) dollars for each occurrence, and every hour of neglect to make the sidewalks safe in accordance with the provisions of this section, after notice from the First Selectman or his designee, shall constitute a separate offense."

Please keep this in mind this winter. Your neighbors will appreciate it.



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Historical Society

As the leaves burst into color and residents of East Haddam enjoy the splendor of our little corner of the Connecticut River Valley, our thoughts turn towards home and family in preparation for the upcoming holidays and winter season.

In the spirit of looking back over the past year and offering thanks, the Museum would like to thank all of those who have supported us throughout the year. Thank you for celebrating the Swing Bridge's 100th Anniversary as well as joining us for our various educational programs and enjoying our exhibits at the museum. Speaking of which, have you seen our new train display yet?

A special thank you to the Museum Board, our employees and all those who tirelessly volunteer their time at the museum throughout the year. Thank you for your continued support.

The Museum is available for reasonable rent and cooperates with everyone looking to volunteer, satisfy community service or provide home-schooling opportunities.

Donations are always welcome. Hours are Friday through Sunday, 10 a.m. - 4 p.m., through Columbus Day, other times year-round by appointment. 860-873-3944. Find us on Facebook: East Haddam Historical Society Museum. Email: museum@easthaddamhistory.org. Website: easthaddamhistory.org.

Garden Club News

Fall Activities

In November, club members will create Thanksgiving centerpieces for the East Haddam Food Bank. Members supply all the containers, fresh and dried plant materials, and decorations. This is an annual activity, and usually nearly 100 centerpieces are donated.

After Thanksgiving, look for garden club "elves" as they decorate the Goodspeed green and Shagbark triangle for the holidays. If you spot them, give a "thumbs up," a wave, a toot, or stop and say hi! The green and triangle become welcoming, warm holiday sights, especially as you come across the bridge!

A Look Ahead to Spring

To ease those winter doldrums and help you get inspired for the gardening season, join us for "Waking Up the Garden in Early Spring," presented by Karla Dalley. The program will be on Wednesday, March 26, at 7:30 p.m. at the East Haddam



At a recent meeting, East Haddam Garden Club member and master gardener Ginny Turner demonstrated how to create a "fairy garden." Haddam Garden Club HH

Senior Center. This event will be open to the public, free, and refreshments will be served. There will be more details in the winter issue of "Events."

The East Haddam Garden Club currently has 47 members. New members are always welcome. Club activities include hands-on civic planting projects, informative programs featuring knowledgeable speakers, visits to notable gardens, etc. Funds raised at the club's annual May plant and bake sale, and at other local events, are used for civic projects (for example, designing and planting the beds of annuals at Gillette Castle, year-round maintenance of plantings at the Goodspeed green and Shagbark triangle, and other initiatives).

For more information about the EHGC, contact Betty Gross (860-873-8732) or check out "East Haddam Garden Club" on Facebook.

Bringing Back the Harris Farm

It was a sleepy day in mid-August at the town-owned Harris property on Mr. Parnassus Road but nature's industry was at work. Legions of dragonflies perched on the tall green grasses and circled like bombardiers hunting for mosquitoes. Honeybees and bumblebees industriously gathered pollen and nectar from the buckwheat flowers, polygonum and other wild flowers that filled the meadow.

Buckwheat had been planted as a cover crop in the spring of 2013, following the winter cover crop of rye. Cover crops hold precious top soil and accumulate nutrients and introduce important biology to encourage higher productivity and stability to agricultural sites.

Flashback to two years ago, these front acres were covered with brush, briars and barberry mixed with tangles of bittersweet, poison ivy and other creepers and invasive plants. These vines and invasive plants covered tree stumps left behind by human hands and huge boulders left behind by the last glaciers.

Pathways were cleared by volunteers, but it soon became evident that some mechanized help would be needed to bring the field back to agriculture and recreation parkland. The town came to the rescue with heavy brush clearing equipment. Other heavy equipment was brought in to remove stumps and debris, remove the decrepit barn and move the huge boulders to the periphery of the field. Old-time farmers would have been impressed at how quickly this clearing could be accomplished.

Soon state funded deer fencing (a necessity in modern farming) will be installed and community gardens and small farm plots will be planted in the spring. Hiking, horseback riding and birding will be a natural recreation in the adjacent pathways and surrounding woods, making the Harris Property a true community asset.

Watch for future articles regarding the progression of the Harris Property.

Nancy Ballek Mackinnon



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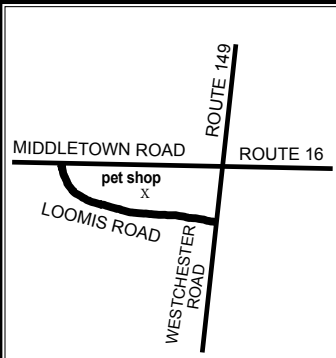
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East Haddam Elementary School

Dear Families:

The 2013-14 school year is in session and our students, especially the youngest ones, are acclimating well to the routines including our arrival, dismissal, and lunchroom procedures. We are especially grateful for the devoted PTO parents who work alongside our staff to assist the children.

Again this year, the children noticed our fabulous school improvements as we updated our technology and large instructional spaces. We will be sending home information on the upcoming after school Kids' Korner Programs that will be offered in addition to our regular PTO, Park and Rec and other activities. Also, the activities within our community's Family Resource Center (located in our early childhood wing) have been educationally engaging for the very small children, including those participating in special baby classes, with their loved ones. This resource center has been a great success and lots of fun for families! Please consider joining any of their activities! Contact the Main Office for more information on these programs.

So much has been accomplished already this year! We have established scheduling and classroom procedures, administered baseline assessments, reviewed student data, and we participated in a fire drill and two Open House evenings!

We want you to know that we foster a village partnership within this school community, where everyone is a learner, and we work together to ensure success for all students. We recognize the good work of our staff members, in partnering with our families to provide a well rounded education. Ongoing communication between home and school is essential to each student's success.

Thank you to our families for all you've done to prepare our students for a great beginning to this school year! As always, we share pride in this special school community and, on behalf of the staff, we thank you for your support, encouragement, and involvement whenever possible.



Respectfully,

Joanne Collins and
Principal

Kristine Friend
Assistant Principal

CONTACT:

45 Joe Williams Road, Moodus
860-873-5076

Hours: M-F 7:45am-4:15pm
Joanne Collins, Principal

joanne.collins@easthaddamschools.org

Kristine Friend, Assistant Principal
kristine.friend@easthaddamschools.org

Nathan Hale-Ray Middle School

New Year, New Faces - Meet the new staff at Hale-Ray Middle School!



Sarah Champ, World Language

Thank you East Haddam community for giving me a chance to share my knowledge of Spanish with your children! I spent eight years in Mexico teaching at Universidad Latina de America, taught in New London High School, and now I am the new World Language teacher at Nathan Hale-Ray Middle. The age group is new for me and I am so pleased with my classes, my co-workers, and the strong administration team. East Haddam may be small, but the education is top notch. I am honored to teach in this district I am excited to develop a strong language program with my colleagues here and at the High School. *Gracias*.



John Goodison, Special Education

Having spent three years at the High School, I am excited to be joining the NHRMS team to begin working with a different age group. The students and staff are great to work with and I am thrilled to be doing more instruction in math and reading. My goal is to make a difference for kids in these areas because I see it as such an important part of a child's development and am excited to be a part of it. I am glad I am able to do this work without leaving the town I enjoy so much.



Janet Kelly, Mathematics

In order for our students to be prepared for today's college and career paths, they must develop an understanding and appreciation of the basic principals of math and problem solving. I have spent my professional career eagerly helping students gain confidence in the classroom and see how math applies to almost all facets of our daily lives. I am thrilled to be a part of the NHRMS family and serve this community which has already provided so much for my 2 children. On top of a successful school year, I am looking forward to a great season for the Girls' Soccer Team as their newly named coach. Go Noises!



Jeanette Mazzotta, Family and Consumer Sciences

I am very excited to have joined the NHRMS faculty, from Westbrook Middle School, as their family and consumer science teacher. Being both an alumnae and resident of East Haddam, I feel that I have come home. Prior to teaching, I worked as a therapeutic recreation director and home daycare provider. I look forward to teaching "learning for life" in my family and consumer classes.



Shaleen Thody, Science

I am looking forward to joining NHRMS this year after having taught science for the past eight years at Conard High School in West Hartford, The Independent Day School in Middlefield, and the King School in Stamford. I have a passion and a talent for getting young people excited about science, and am thrilled to serve the district where I reside with my family. Both East Haddam and NHRMS are great places to work and raise a family because of the close-knit feel.

CONTACT:

73 Clark Gates Road, Moodus

860-873-5081

Hours: M-F 7:15am-4:00pm

Jason Peacock Principal

jason.peacock@easthaddamschools.org

Roy Parker, Assistant Principal

roy.parker@easthaddamschools.org

Nathan Hale-Ray High School



New teachers Katie D'Elia, Mike Petrasiewicz, Sande Dawes, Jenn Parthasarthy, Ryan Freeman (from left to right), and Karen Barrientos (below) standing with Principal Eric Spencer.

HUGE GAINS IN STATE ASSESSMENT SCORES (CAPT) FOR HALE-RAY HIGH SCHOOL!

CAPT scores for the high school this year were characterized by dramatic gains as teachers continue to raise the bar with curriculum and instruction.

Gains include 10% increase in the at/above goal category in Reading, 11.5 % in Math, and 20% in Science!

Congratulations Nathan Hale-Ray High School!



Stay Connected - Follow us on the web!



www.easthaddamschools.org/nhrhs/
www.facebook.com/pages/Nathan-Hale-Ray-High-School/
www.twitter.com/NHRHS_Insider or www.twitter.com/NoisesSports

The 2013-14 school year is in full swing with great events like our annual Open House, Senior Planning Night and Parent Information Night. Students are back in class, our Fall Sports teams have begun their seasons and the musical rehearsals have begun. We are looking forward to a very successful year for the Noises!



CONTACT:

15 School Street, Moodus
860-873-5065

Hours: M-F 7:00am-3:00pm

Eric Spencer, Principal

eric.spencer@easthaddamschools.org

Steven Strand, Assistant Principal

steven.strand@easthaddamschools.org

East Haddam School District

Dear Members of the East Haddam Community:

Greetings! Connecticut is raising the bar to transform teaching and learning in classrooms across the state so that all students receive a world-class education. All East Haddam schools are implementing Connecticut's Common Core State Standards (CCSS), which are English language arts/literacy and mathematics standards in grades K-12 designed not only to improve what students learn but also how they learn, by incorporating critical thinking, problem solving, and effective communication skills. The increased rigor of the Common Core will help Connecticut students attain the knowledge and skills needed to succeed in college, career, and life. In turn, Connecticut will benefit from a stronger talent pool that will help attract and retain businesses to the state and to our community.

Connecticut is moving forward with the Common Core because it is the right thing to do. On April 20, 2013, the New York Times published an editorial in support of the Common Core. Teachers unions and advocacy groups alike are supporting the new standards, the loudest voice among them being the business community. Business is supporting the Common Core because they want a skilled workforce. On February 12, 2013, 73 of America's top business leaders came together and published an open letter in the New York Times declaring their "support for these new, tougher academic standards that hold great promise for creating a more highly skilled workforce that is better equipped to meet the needs of local, state and national economies."

Successful implementation of the Common Core requires highly effective leaders in every school and a highly effective teacher in every classroom guiding our students' learning. To this end, the East Haddam District Improvement Plan provides a strategic framework that aligns district, school, and program-based goals and priorities with a defined focus: College and Career Readiness for all students.

It is critical that educators have the support of their community to implement the Common Core successfully. Whether you are an education, civic, business, faith or nonprofit leader, we hope that you will partner with us to provide the very best education for our students.

Sincerely,

Dr. Mary Beth Iacobelli
Superintendent of Schools

CONTACT:

26 Plains Road, Moodus
860-873-5090

Hours: M-F 8:00am-4:00pm

Upcoming Board of Education Meetings:

(7:00pm NHRHS Cafe)

October 8, 2013

November 12, 2013

December 10, 2013

Board of Education Members:

Nancy Haslam, Chair - Bryan Perry, Secretary

Laurie Alt - Amy Apostoleris - William Barney

Deborah Fiala - Tracey Gionta - Betsey Havican - Brian Pear

Master Gardener's Corner

This year I completed a course called Coastal Certificate - Sound Gardening: Sustainable Landscaping for Clean Waters. The course was comprehensive and addressed native plant habitats that attract birds and pollinating insects along with designing for sustainability using native coastal plants. It offered solid landscaping practices for Connecticut coastal and watershed residents. Many East Haddam residents have wetlands on their property so the great landscaping and design ideas fit nicely into many property environments.

One very doable idea is to build a Rain Garden. Rain Gardens aren't only useful; they are attractive and enhance the beauty of your yard and neighborhood. They benefit our environment by reducing the amount of pollutants that wash into lakes, streams, ponds and wetlands. They help protect communities from flooding and drainage problems and help reduce the need for costly municipal storm water treatment structures. As the saying goes, "on the ground into the sound", usually by way of our important wetlands. Rain Gardens act as filters and the benefits are far-reaching.

Rain Gardens are landscaped depressions about 6 inches deep that collect runoff from a roof, driveway or yard and allow it to infiltrate into the ground. They are typically planted with shrubs or perennials. Rain Gardens are not difficult or expensive to install and do not take machinery to get the job done. It's another family project that all can enjoy. Maintenance is as easy as maintaining a small flower garden.

There is much information on the web, but simply go to www.sustainability.uconn.edu or www.nemo.uconn.edu/raingardens. You can find a great 'App' or use this Rain Garden website to gather all your details. The free brochure RAIN GARDENS IN CONNECTICUT is available from these sources and will take you through the process step by step. Another informative brochure that will be helpful with planting your Rain Garden is "Go Native," located at www.westchestergov.com. *May the raindrops keep falling on your..... Rain Garden!*

*Linda Stuhlman, Certified Master Gardener
Certified Tree Warden*

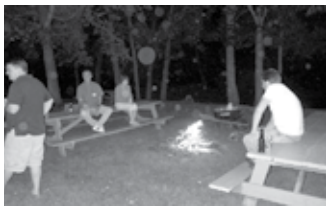
Sand for Winter Ice

Residents of East Haddam are reminded that they may take only a small amount of sand from one of the municipal sand piles for their personal use in sanding steps, walkways, or ice patches in driveways. Piles are located at the corner of Haywardville and Early Roads, and at the Town Garage, off Mt. Parnassus Road near Shagbark. For safety reasons, residents should not obtain sand during storm conditions

when operators are loading trucks and entering and leaving the site.

It is understood that sand is provided for private, personal use and is not to be used commercially or for profit, or for any application other than as a safety precaution. Residents needing more than a few buckets of sand per winter should purchase their own supply.

Nathan Hale-Ray Alumni Association



Listening to the musical sounds of Vinyl Encore while enjoying the warm fire.

The Nathan Hale-Ray Alumni Association held its annual school reunion on August 17 at the Moodus Sportsmen's Club. It was a beautiful sunny day, and many turned out for the fun and food. Students of graduating classes from 1940 to 2012 were well represented at the function!

Chef James Ventres and his kitchen crew served up an unending supply of delicious pizzas during the festivities. Flavors ranged from plain to pepperoni to veggie to mashed potato with bacon. The pizzas and dessert were enjoyed by all. Vinyl encore provided the wonderful musical entertainment that lasted well into the evening. Past students were found busting moves out on the dance floor until last call! The plethora of donated raffle prizes were awarded throughout the night adding to the enjoyment of the crowd. In the evening, a Bon fire warmed smiling faces. It was a fun time for a worthy cause.

Thank you to all the people who came together to make this event a rousing success. Through your efforts and participation, the NAHARA Alumni Association was able to raise over \$2,000 for the scholarship and student support funds. Thank you for your support. Mark your calendar now for August 16, 2014. We hope to see you there!



Ruth Ciucias enjoys recounting her days at Nathan Hale School with friends. How many people do you recognize?

Town of East Haddam

7 Main Street ~ P.O. Box K East Haddam, CT 06423

Administrative Office Building

Main Number: 860-873-5020

Fax: (1st floor) 860-873-5042, (2nd floor) 860-873-5025

Hours: Monday, Wednesday, Thursday 9:00 a.m. to 4:00 p.m.,

Tuesday 9:00 a.m. to 7:00 p.m., Friday 9:00 a.m. to Noon

Selectman's Office

Mark B. Walter, First Selectman 860-873-5021 admin@easthaddam.org
Linda Zemienieski, Administrative Assistant admin@easthaddam.org

Assessor's Office

Loreta Zdany, Assessor 860-873-5026 assessor@easthaddam.org
Patty Veselak, Administrative Assistant

Building Department

Keith Darin, Building Official 860-873-5024 building.dept@easthaddam.org
Carolyn Hart, Administrative Assistant

Chatham Health District

Liz Davidson, Sanitarian 860-873-5101 liz.davidson@chathamhealth.org

Finance Department

Cynthia Varricchio, Finance Administrator 860-873-5022 financeadmin@easthaddam.org
Dawn Snow, Finance Assistant 860-873-5040 finance@easthaddam.org
Kathy Klinck, Treasurer 860-891-8502

Land Use Offices

Jim Ventres, Administrator 860-873-5031 admin.landuse@easthaddam.org
Jim Puska, Zoning Enforcement Officer zeo.landuse@easthaddam.org
Janet Lombardo, Administrative Assistant landuse@easthaddam.org

Tax Collector's Office

Denise Dill, Tax Collector 860-873-5033 taxcollector@easthaddam.org

Town Clerk's Office

Deb Denette, Town Clerk 860-873-5027 townclerk@easthaddam.org
Beverly Christopher, Assistant Town Clerk

Public Works Department _____ fax: 860-873-6014

Town Garage Hood Lane Hours: Monday through Friday, 7:00 a.m. to 3:30 p.m.

Transfer Station Nichols Road Hours: Monday, Wednesday, Friday 7:00 a.m. to 5:00 p.m.
and Saturday 7:00 a.m. to 4:00 p.m.

Elizabeth Lunt, Public Works Administrator 860-873-5023 pwadmin@easthaddam.org
Richard Toolan, Public Works Superintendent pwsuper@easthaddam.org
Shirley Dill, Administrative Assistant publicworks@easthaddam.org
Don MacKenzie, Transfer Station Foreman 860-873-5030

Other Departments

Don Angersola, Fire Marshal 860-873-5004 admin@easthaddam.org
Shawn Daigle, Fire Chief 860-891-8400 firechief@easthaddam.org
Tiffany Quinn, Parks & Recreation Director 860-873-5058 parkandrec@easthaddam.org
Michael Olzacki, Animal Control Officer 860-873-5044 animalcontrol@easthaddam.org
Peter Simmons
Economic Development Coordinator 860-891-8503 edevcoordinator@easthaddam.org
Craig Mansfield,
Emergency Management Director 860-873-5103 ehaddamemgmt@easthaddam.org
Craig Mansfield,
Facilities Director 860-873-6019 cmansfield@easthaddam.org

Resident State Trooper

860-873-1226 police@easthaddam.org

East Haddam Police 860-873-5041 police@easthaddam.org

Probate Court

Jennifer Berkenstock, Judge of Probate 860-295-6239

Linda Neal, Clerk lneal@ctprobate.gov

Registrars of Voters

Lucy Yacovino & Laurie Alt 860-873-5029 registrars@easthaddam.org

Senior Services - 15 Great Hillwood Road

Brad Parker, Municipal Agent 860-873-5034 seniors@easthaddam.org

Food Bank 860-891-8100

Visit our Website at www.easthaddam.org for more information,
including meeting minutes

Tax Collector

Please remember, due on January 1, 2014, is the second installment of Real Estate and Personal Property tax bills that were mailed out in July 2013. A second bill will not be sent on these accounts. If you are a new owner of real estate property and need a copy of your tax bill, please contact the tax office immediately. Motor Vehicle Supplemental bills are also due January 1, 2014. Supplemental bills will be mailed the end of December 2013. The last day to pay these bills will be February 3, 2014. Payments may be made in person at the Town Office Building, by mail to: Tax Collector, P. O. Box 376, East Haddam, CT 06423-0376 or on-line at easthaddam.org and click the link "Pay Taxes". There is a fee associated with on-line payments which goes directly to the processing company, Point & Pay, for their service. This fee applies to online and in the office credit/debit card payments. A secure lockbox is located in the front hallway for payments dropped off after normal business hours. Anyone wishing a receipt must include a stamped, self-addressed envelope with their payment.

Tax information is available online at easthaddam.org. Go to Town Departments, Tax Collector and click on the link "Online Tax Information". You will be able to check your current amount due and view past payments.

This office is for the collection of taxes only. Any adjustments to your bill must be made by the Assessor, 860-873-5026 or assessor041@easthaddam.org.

The Tax Office can be reached at 860-873-5033 or taxcollector@easthaddam.org.

Denise Dill, Tax Collector

Thanksgiving Fund

The Rotary Club of East Haddam will once again partner with Liberty Bank to provide Thanksgiving dinners for local families.

In the spirit of community support, town residents are urged to make financial donations at Liberty Bank. Your donations will be matched, in part, by Liberty Bank, and the proceeds will be used by the Rotary Club and the local Food Banks to purchase and distribute food at Thanksgiving for those in need.

Please make your donation at the Moodus branch of Liberty Bank, or, if you are at an out of town branch of Liberty Bank when making a donation, please specify that it is for the East Haddam Rotary Thanksgiving Fund. Donations in any amount are greatly appreciated.

For more information, please call Nancy Smith at Liberty Bank (860-873-2266) or John Quinn, of the East Haddam Rotary Club at 860-873-2228.

WANT TO ADVERTISE?
Call Betty Martelle at
(860) 333-7117

From the Desk of Representative Ziobron (R-34)

Local elected and Connecticut Park officials from the Department of Energy and Environmental Protection (DEEP) offered area residents the opportunity to weigh in on the fate of Sunrise State Park at a public meeting driven by community feedback. The meeting took place on September 25 and attracted more than 80 residents who voiced their opinions and expressed concerns over the future of the property. DEEP officials pledged to ensure the mowing of the front fields, protection of the site's three historical buildings and the re-opening of the park, in the near future.

"I would like to thank DEEP staff for coming to our community and for their willingness to listen as residents gave their input," said Rep. Ziobron (R-East Haddam), a member of the Environment Committee. Anyone who was unable to attend the meeting but would like to share their comments should email me at Melissa.Ziobron@housegop.ct.gov. For those of us who hold Sunrise State



State Representative Melissa Ziobron at Sunrise State Park public meeting.

Park close to our hearts, there are exciting plans in the works for greater community involvement in moving this regional landmark forward. Efforts are being made to establish a group called Friends of Sunrise State Park. Those who have interest in helping to establish or join the group can contact me through my web site. Additionally, we have selected October 27 for a Sunrise State Park community clean-up day. More details will be coming via my e-newsletter, which you can sign up for at www.repziobron.com"

Rep. Ziobron had pushed for a plan for Sunrise State Park since taking office in January because of concern that the property has evolved into an abandoned collection of rundown buildings that presents a significant safety hazard to the public and welcomes illicit behavior such as drug use, vandals and arson. The property, once a recreational destination for vacationers, was purchased by the state in 2008.

Speeding Complaints & Graffiti Issues

Speeding Complaints

The East Haddam Police/Resident Troopers Office would like to inform East Haddam residents about the number of complaints received by our office daily, about speed throughout town. Officers constantly monitor different areas in town to address these speeding complaints and look for other motor vehicle violations. Enforcement related to those issues is and will continue to be conducted on a regular basis.

Although speeding complaints are received from all areas of town, our office has been experiencing a high volume of speeding complaints on Routes 82 and 149 in the East Haddam Village, Boardman Road, North Moodus Road, Falls Bashan and on the East Haddam Colchester Turnpike.

It is not uncommon for officers responding to complaints of speeding and other motor vehicle violations to find several of the violators to be those that live on that street or within the general vicinity. As you travel our roads throughout town, please take a minute to notice the posted speed limit and stop signs and ensure you obey these signs.

As summer has come to an end, all schools are now back in session. Your local and State Police will ensure that our children are as safe as possible while traveling our roads to and from School. Please do your part by being alert, avoid driving distracted and be aware of the posted school bus stop signs, speed limits signs and buses stopped with flashing red lights picking up or dropping off kids. Strict enforcement action will be conducted around any violation involving kids or a school bus.

Thank you in advance for doing your part in making the roads in East Haddam as safe as possible.

Town Wide Graffiti Issues

The East Haddam Police/Resident Troopers office is asking for your help! We need to enlist the help of all town residents to address the wide spread graffiti issue that continues to occur throughout our town.

Over the past year, several areas of town including the schools, skateboard park and commercial buildings have been spray painted with graffiti. Additionally, there have been dozens of stop signs and other street signs painted. To date, this has cost the town thousands of dollars in repairs and labor to remove the graffiti.

We are asking that any resident having information related to the graffiti please contact the police. You can provide information using our confidential tip line by calling 860-873-5013. Please help to keep our community the safe and beautiful community that it has always been.

POLICE TOY DRIVE

Saturday, December 7

9:00 a.m. - 4:00 p.m.

Moodus Plaza

Early Childhood Council

The East Haddam Early Childhood Council's Family Resource Center offers weekly play and learn groups. No registration required. Just Drop In!

Early Learning Play Groups: Come learn, sing, hear stories, and create with others in a play based setting. All children ages birth to age 5 are welcome with a caregiver. Come when you can - either both days or only one - whatever works for you! FREE. Mondays and Fridays 10:00 - 11:00 a.m.

Joyful Noises: Session begins with free play and then moves into a structured half hour of fun while exploring music through song, instrument play, and musical games led by Miss Joy. Ages 15 months to 5 are welcome with a caregiver. FREE. Tuesdays 10:00 - 11:00 a.m.

Babies Babies Babies!: Moms, dads, grandparents or other caregivers can come and enjoy simple songs and activities with your baby while enjoying the company of other adults. Perfect for first time parents but fun for all, this group is open to non-walking babies. Siblings are welcome as helpers but the group will be focused on young babies. FREE. Wednesdays 10:00 - 11:00 a.m.

Parent Series: Periodically, the FRC offers a learning opportunity for parents. Free childcare is provided in the Family Resource Center. Watch for more information!

All programs are in the Family Resource Center, Room 108, in the East Haddam Elementary School. For information or to sign up for our email list: call 860-873-3296 or email ehcouncil@yahoo.com.

Your Suggestions are Welcome!



Our Town Clerk, Deb Denette, had a great suggestion that we are implementing, the East Haddam Suggestion Box! The box is now located in the Town Clerk's office.

We welcome residents and visitors to submit constructive ideas with regard to our town. You may have observed areas where our local government could be more efficient, have ideas to enhance our offerings or create new ones.

The Town Clerk will acknowledge your suggestions and share with the town department heads at their regular bi-weekly

meeting. The appropriate department head will respond to you if greater follow-up is necessary (provided you have given us your contact information).

Please send your ideas to East Haddam Suggestion Box, PO Box K, 7 Main Street, East Haddam, CT 06423, or e-mail to suggestions@easthaddam.org.

It is requested that suggestions be respectful and offer your constructive ideas and proposed solutions. "Lower my taxes" is not an appropriate suggestion, unless it offers a "how to" solution.

Concerns regarding road and tree hazard issues should be directed to the Public Works Administrator at 860-873-5023 and not through this process.

Raw Milk vs. Pasteurized Milk in Cheese

Customers often come in to our shop, having just returned from a trip to Europe, looking for that great cheese they had enjoyed in their travels. My usual reply is, "That's made from raw milk and it is not allowed in this country." The disappointment is obvious as they sadly accept the best possible alternative I can find.

Raw milk cheese has been blamed for many illnesses, hence the ruling against it here in the States. According to the CDC (Center for Disease Control), between the years 1993 to 2006 over 121 outbreaks occurred, causing over 1,500 illnesses and two deaths. Older people, pregnant women, children and those with weak immune systems are the most vulnerable.

First, we need to understand the difference. Raw milk is milk straight from the animal with no processing done to it. Pasteurized milk is raw milk that has been heated to a high enough temperature to kill most of the harmful bacteria present. You might be aware of the 60-day rule, which simply states that no cheese under 60 days old is allowed to be imported. The reason is that young raw milk cheeses are associated with salmonella, E.coli, and listeria, just to name a few. So why the 60-day rule? The reason is that any harmful bacteria present in the milk or cheese does not survive past this time period. So, if a cheese is over 60 days old, it is considered safe for consumption.

As a general rule, cheeses made from raw milk taste better than those made from pasteurized milk. The issue then becomes the taste quality of raw milk cheese vs. the safety of pasteurized milk cheese. I agree that raw milk cheese has more depth in flavor, more complex aromas, and a better finish than pasteurized cheese.

Europe takes a different viewpoint on raw milk cheese. Some countries allow distribution of raw milk cheese, while others do not. Scotland bans them, while England, Wales and Northern Ireland allow them. France is the biggest proponent of raw milk cheese, considering it a sacrilege to use pasteurized milk in cheese production. There does not seem to be any issue for France when it comes to eating raw milk cheese. The thought is that they have built up immunity to the raw milk bacteria and, as a result, they don't get sick from them.

In any case, you will not find raw milk cheeses such as Brie or Camembert in the United States anytime soon. The older cheeses, beyond 60 days old, are available and considered safe. The decision is yours. I enjoy them, but as stated earlier, pregnant women, children, the elderly and those with weak immune systems might want to proceed with caution.

Paul Partica, The Cheese Shop
www.cheeseshopcenterbrook.com

Visit With Santa

The East Haddam Volunteer Fire Department will hold the annual children's Christmas party on Sunday, December 15th from 12:30 to 2 p.m. It will be held at the Company #1 Firehouse, 440 Town Street. The event is open to all East Haddam residents age infant up to and including age 8. Santa will have presents for the children and refreshments will also be served.

Volunteer of the Month

Please join us in congratulating our most recent volunteers of the month: Barbara Kiley, Eileen Schwartz and Joshua Lake. If you would like to nominate someone, please do so in a letter to the First Selectman.

Art League

The East Haddam Art League is currently accepting membership for its second season of events and exhibits. Join today to be included in this vibrant club of artists and artisans. For more information, visit us online at: facebook.com/EastHaddamArtLeague

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<p><u><i>Anti-Aging Package:</i></u></p> <p>Anti-Aging Facial 60 Minute Massage Manicure Pedicure</p> <p style="text-align: right;">\$174.00 (\$184.00 Value) 4 Hours</p>	<p><u><i>Ultimate Pamper Package:</i></u></p> <p>60 Minute Hot Stone Massage Signature Facial Spa Manicure Spa Pedicure Light lunch</p> <p style="text-align: right;">\$200.00 (\$214.00 Value) 4 Hours</p>

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SHELLAC BRISA LITE GEL * MAKE-UP APPLICATIONS*

Hours: Tues – Thurs 10am – 7pm * Fri 9am – 5pm * Sat 9am – 3pm

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Re-ELECT
Mark WALTER
First Selectman



- ★ FLAT SPENDING past 4 years
- ★ Increased Police Presence
- ★ Unified Library System
- ★ Supported 1,274 Acres of Open Space Purchases
- ★ Elected President of new Lower River Valley Council of Government for 17 Towns
- ★ MBA, Northeastern University

Re-ELECT
Emmett LYMAN
Selectman



- ★ Worked to Reduce Town Government Spending
- ★ Trained & Certified Emergency Responder
- ★ Achieved Grants of \$730,678.00
- ★ Planning & Zoning Commissioner, 18 yrs
- ★ Vietnam Veteran
- ★ Master's Degree, Rensselaer Polytechnic Institute

Board of Education



Bryan PERRY

- ★ Served 6 years on Board of Education
- ★ Served 4 years as BOE Secretary
- ★ League Officer, EH-Moodus Little League
- ★ CAFE Leadership Institute 2010
- ★ Chair, Personnel & Negotiations, BOE

- ★ Appointed to the 10 year Capital Improvement Plan Committee
- ★ Chair, Food Service Management Committee, BOE
- ★ BOE Committees: Finance, Long Range Planning, Policy



Marc PISCIOTTI

- ★ Retired Police Lieutenant – 22 years
- ★ Town Safety Committee Member – 7 years
- ★ D.A.R.E./School Resource Officer Coordinator – 10 yrs
- ★ Adjunct Instructor- CT Police Academy – 14 years
- ★ Security Operations Manager

- ★ Public Safety/Security Training & Consultation – 12 years
- ★ Police Union President – 8 years
- ★ Associates Degree – Criminal Justice



Michael WERNER

- ★ Assistant Clerk for the Higher Education & Employment Advancement Committee of the Connecticut General Assembly
- ★ B.A. American University, Washington, DC – International Relations
- ★ Clerk of the Municipal Opportunity and Regional Efficiencies (M.O.R.E.) Commission

- ★ Served with the Office of the Public Defender in 4 court houses
- ★ AmeriCorps Civic Engagement Coordinator for the Citizen Academy Program
- ★ Parent of a 4 year old daughter

Board of Finance



RE-ELECT
Bob BENNETT

- ★ Served 8 Years on Board of Finance
- ★ Helped reduce spending & voted "NO Tax Increase"
- ★ Member Open Space Committee
- ★ Emergency Services Committee



William
DiCRISTOFARO

- ★ Certified Financial Planner™ - Over 30 Years Industry Experience
- ★ Awarded the Prestigious 2013 Five Star Wealth Manager Award – 4th Consecutive Year

- ★ Past President of the Connecticut State Chapter – National Association of Insurance and Financial Advisors
- ★ Serves in the Connecticut Army National Guard – Lieutenant Colonel
- ★ MBA – University of Connecticut; BA – Assumption College
- ★ East Haddam Resident for Over 25 Years



Ray WILLIS

- ★ Currently Member on the Board of Finance
- ★ Bachelor and Master's Degrees in mathematics and finance
- ★ Career in corporate finance and investments
- ★ Served on numerous Board of Directors for Investment Trusts Companies

- ★ Spent first five years of career teaching senior high school mathematics
- ★ Resident of East Haddam for almost 30 years

VOTE NOVEMBER 5, 2013!

www.EastHaddamRTC.com

Paid for by the East Haddam Republican Town Committee, approved by candidates named above, Lucy Yacovino, Treasurer.

Registrars of Voters

November 5, 2013 is the date for our municipal election. It will be held at the Nathan Hale-Ray High School, on School Drive, off of Route 151 in Moodus. Voting hours will be from 6:00 a.m. to 8:00 p.m. If you are not already registered to vote, you may do so by stopping into the Registrars' office, in the River House, across the street from the Gelston House, and next door to the Town Office Building. Registrars are there every Tuesday, from 11:00 a.m. to 7:00 p.m. You may also register in the Town Clerk's office, Monday, Wednesday, Thursday, from 9:00 a.m. to 4:00 p.m.; Tuesday, 9:00 a.m. to 7:00 p.m. and Friday 9:00 a.m. to 12 noon. You may download applications from the East Haddam Town website www.easthaddam.org; or the Connecticut Secretary of State's website www.sots.ct.gov; and mail them to "Registrar of Voters, River House, P.O. Box K, East Haddam, CT 06423. Mail in voter applications must be received by the registrars on or before October 28, 2013, to be valid for the November election. Otherwise registration must be in person.

There is a special registration day, Saturday, October 19, from 10:00 a.m. to 2:00 p.m., set aside per direction of the Secretary of State's office for citizens to register to vote.

Registrars will also be in their office on Tuesday, October 29, from 9:00 a.m. to 8:00 p.m., and November 4 from 9:00 a.m. to 5:00 p.m.

This year citizens, who were not able to register prior to the Election date, may register on Election Day! Registration on Election Day, will take place at the Registrars' office, during election hours. Citizens registering must bring both identification and proof of residency. This may include a driver's license, (which, if it has a local East Haddam address may also be used as proof of residency), or any other preprinted form of ID which shows your name and address, or name and signature, or name and photograph. Proof of residency may include utility bill or paycheck with your name and address which is no more than 30 days old.

Check with the Town Clerk for absentee ballot requirements. Absentee ballots will be available from the Town Clerk beginning October 7.

Thus, it is our hope that all citizens will make the effort to register, if they are not currently registered; and that those who are registered, will come out to vote or obtain an absentee ballot.

Voting is a precious right! We like to see Democracy in action!

Town Clerk

Absentee Ballots - For Municipal

An elector may vote by absentee ballot due to:

1. the elector's absence from their town for all of the hours of voting;
2. illness or physical disability;
3. active service in the US armed forces;
4. religious tenets forbid secular activity on Election Day; or
5. service as a polling place official in a town other than their own.

Beginning October 7th absentee ballots are available from the Office of the Town Clerk for the November 5th Municipal Election. Absentee balloting is a two step process. The ballot may not be issued until an application for the ballot has been received. Applications may be filed in advance of the ballot becoming available.

To obtain the application for an absentee ballot, call 860-873-5027 or come into the Town Clerk's Office. Forms may also be downloaded from the town's website www.easthaddam.org (elections under Town Clerk) or www.sots.ct.gov (elections & voting, voter resources, absentee ballot and procedures, application for ballot). The absentee ballot application with an original signature must be on file in order for a ballot to be counted.

Deb Denette, East Haddam Town Clerk

Freedom of Information

The Town Clerk's Office is hosting an educational workshop led by Thomas Hennick of the Freedom of Information Commission on Thursday, November 21 at 7:00 p.m. in the Cafeteria at the Nathan Hale Ray Middle School. Please RSVP

to townclerk@easthaddam.org if you are interested in attending. Light refreshments will be served.

Permanently Disabled Absentee Ballot Status

Public Act 12-57, "An Act Concerning Permanent Absentee Ballot Status for the Permanently Disabled" created permanent absentee balloting status for certain individuals and is now in effect.

In General: To be eligible for permanent absentee ballot status, an elector must file with the Town Clerk an absentee ballot application together with a doctor's certificate stating that they have a permanent disability and are unable to appear in person at their polling place. The doctor's note should be on letterhead. There is no prescribed form - the doctor's note and the absentee ballot application would satisfy the requirement of the law.

Permanent absentee ballot status enables the elector to receive an absentee ballot for each election, and primary, in the municipality in which they are eligible to vote. Absentee ballots are available 21 days before a Primary and 31 days before an Election.

Eligibility: In January of each year the Registrars of Voters will send written notice to each elector with permanent absentee ballot status to determine if the elector continues to reside at the address on the permanent absentee ballot application. If the elector fails to respond to the notice, the permanent absentee ballot status will be removed.

Please contact the Town Clerk at townclerk@easthaddam.org or at 860-873-5027 if you qualify and would like to obtain Permanently Disabled Status regarding absentee balloting.

East Haddam Municipal Election
November 5, 2013

A sample ballot was not available by publication deadline

Office	Republican Candidate	Democratic Candidate
First Selectman	Mark B. Walter	None
Selectmen	Emmett J. Lyman, III	Ernest Malavasi
Town Clerk	Debra H. Denette	None
Town Treasurer	Kathleen Klinck	Kathleen Klinck
Tax Collector	Denise L. Dill	None
Board of Finance (vote for any 3, 3 get elected)	William M. DiCristofaro Robert A. Bennett Raymond L. Willis	Matthew Budzik
Board of Education (2-year term)	Mike Werner	Raymond R. Flaherty
Board of Education (6-year term) (vote for any 2, 3 get elected)	Marc A. Piscioti Bryan Perry	Theresa P. Dickinson Shawn Conroy
Board of Assessment Appeals	None	Edward C. Blaschik
Planning and Zoning Commission (vote for any 2, 3 get elected)	Kevin J. Matthews Edmund J. Gubbins, Jr.	Harvey W. Thomas, Jr.
Planning and Zoning Commission Alternate	Richard L. Pettinelli	Martha C. Hansen
Library Trustee (2-year term) (vote for any 2, 3 get elected)	Barbara Kiley	Christine Antaya Shea Jezek
Library Trustee (4-year term) (vote for any 2, 3 get elected)	Celina Nelan Maureen Gillis	Eileen M. Schwartz Denys Shorthouse
Library Trustee (6-year term) (vote for any 2, 3 get elected)	Lucille Gardner Dawn Barlow	John Bielot Andrea Pascal

East Haddam Installs a New Phone System

The Town of East Haddam began to use a new telephone system Monday, July 22nd. The new system enables town employees to better serve our citizens without an increase to our communication costs. The system provides many more up-to-date features and abilities - especially of note is voice mail. You will now be able to leave a voice mail messages for almost every department.

To contact Town departments via the main number, please dial 860-873-5020; you will hear a menu with a series of

prompts that will connect you to the department you need to speak with. This number was previously the direct number to the Selectmen's office. The new direct number to the Selectmen's office is 860-873-5021.

If you wish to dial a department directly, a department directory is listed below.

We ask that you please bear with us as our employees transition to the new phone system. Animal Control 860-873-5044

Assessor	860-873-5026	Police (non-emergency)	860-873-5041
Building Department	860-873-5026	Public Works	860-873-5023
Chatham Health District	860-873-5101	Libraries (not yet connected to new system)	
Economic Development	860-891-8503	East Haddam Free	860-873-8248
Emergency Management	860-873-5103	Rathbun Free	860-873-8210
Facilities	860-873-6019	Registrars of Voters	860-873-5029
Finance	860-873-5022	Selectmen's Office	860-873-5021
Fire Chief	860-891-8400	Senior Center	860-873-5034
Fire Marshal	860-873-5004	Tax Collector	860-873-5033
Food Bank	860-891-8100	Town Clerk	860-873-5027
Land Use/Zoning Enforcement	860-873-5031	Transfer Station	860-873-5030
Parks and Recreation	860-873-5058	Treasurer	860-891-8502

The Largest Organ in Our Body

Do you know what the largest organ in the body is? It's the skin. It protects you from illnesses and infection, helps control your body's temperature and dehydration, protects and helps you feel everything from a hot kettle to a soft breeze.

The most important factors in caring for the skin are those that ensure good general health; proper nutrition and adequate circulation are vital to skin maintenance.

For your skin's health, it is essential to eat organically grown fruits and vegetables rich in antioxidants such as vitamin C (bell pepper, parsley, broccoli, strawberries, cauliflower, papaya, kiwifruit, lemon), vitamin E (sunflower seeds, swiss chard, almonds, spinach, olives), carotenoids (sweet potatoes, spinach, kale, carrots, roman lettuce, cantaloupe, bell pepper) and flavonoids (blueberries, raspberries, strawberries, plums, raisins, cranberries, celery, apples, lemon), as well as foods rich in omega 3-fatty acids including fish such as salmon, tuna, sardines and cod, in addition to flaxseeds and walnuts. Omega 3 inhibits the production of inflammatory compounds involved in the progression of skin conditions. Good hydration with high quality water is necessary for skin health.

To have beautiful, wrinkle free skin on your face avoid sugar and alcohol. Alcohol will lead your body to dehydration and dryness of your skin, eating too much sugar

will lead to wrinkles and sagging. Too much sugar in your bloodstream will start to attack your skin. All that sugar attaches to protein molecules, collagen and elastin, and it turns those beautiful supple skin cells into rigid things causing sagging and wrinkling, everything we don't want on our face.

Regular exercises and massage sessions will help with appropriate blood circulation.

The skin needs protection from continued exposure to sunlight to prevent premature aging and cancerous changes. If you can, do your outdoor activities before 10 am or after 2 pm, when the ultraviolet rays are less intense. In case of sunburn, use natural remedies to help the healing process of the skin. The fat content of milk is soothing, so milk makes a great compress for sunburn pain. To speed the process of healing, eat more foods rich in vitamin C. Keep an aloe vera plant in your house, when you get sunburn, break and open a leaf then apply the clear gel inside directly to your tender skin. Apply as often as needed for relief. Also a baking soda bath is great for soothing sunburn. Appropriate applications of sunscreen before and during time spent in the sun, especially after swimming, can prevent skin damage.

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Rotarian Visits Spain

Ken Klein, member of the Rotary Club of East Haddam, while vacationing, recently attended a Rotary meeting in Marbella, Spain. Ken is shown presenting a Rotary flag to the President of the Marbella Club. A depiction of the Goodspeed Opera House is included on the flag.

Rotarians are encouraged to attend meetings while visiting other cities and countries. It is an opportunity to learn about the community service projects of clubs internationally as well as to promote understanding of our diverse cultures.

Rotary International, with the support of the Gates Foundation, is leading the PolioPlus initiative to eradicate polio worldwide. Locally, the Rotary Club awards scholarships for high school graduates, provides dictionaries for all third-graders, supplies Thanksgiving baskets in association with Liberty Bank, contributes to the Food Bank, supports Music on the River, maintains the Rotary Skating Pond, is the Charter



East Haddam Rotarian visits Rotary Club in Spain

sponsor of Boy Scout Troop 22, and contributes to numerous emergency needs in the East Haddam community.

Youth & Family Services

In 2011, Connecticut decriminalized the possession of small amounts of marijuana which means that penalties for the possession of ½ ounce of marijuana or less have changed from jail to fines.

In 2012, Connecticut passed a law that legalizes the medical use of marijuana for certain conditions. Neither of these actions gives “blanket approval” for the use of this drug and both include guidelines that are intended to limit the potential for abuse or misuse. However, the fact is that decriminalizing and/or legalizing marijuana normalizes it and reduces the perception of risk or harm associated with using it.

There are many studies on the adolescent use of marijuana from reputable medical and mental health organizations. They identify the harmful effects of marijuana on the teenage brain and the impact of regular use on academic performance. They raise concerns about the danger of drugged driving and the

higher addictive qualities of marijuana today as compared to forty years ago. And they point to a dependence on the drug that is more likely to occur the earlier use begins.

There is a “culture of use” that goes along with adolescent drug use. When kids begin using marijuana, they socialize with others who are also using it. The more involved they become, the more likely it is that they will come in contact with kids using other drugs. It isn’t hard to understand how it becomes increasingly more acceptable for them to do the same.

There are conflicting arguments on both sides of the question: “Harmful/Not Harmful”, “Addictive/Not Addictive”, “Gateway drug or not”. Whether, as adults, we choose to believe one side of the argument or the other is a matter of choice. But, as parents and caretakers of our children, it is incumbent upon each of us to be well informed and educated about the issues related to this drug and acutely aware of the messages our kids are getting.

Youth & Family Services Holiday Campaign

Christmas is just around the corner and once again East Haddam Youth & Family Services is in need of donations for our annual Holiday Campaign. As always, our greatest challenge is youth ages 12-18. Any gifts for these older children, including gift cards, are greatly appreciated. Other gift ideas for this group may include toiletries, nail polish, jewelry, watches, wallets, sweatshirts, pajamas, hats/gloves/scarves, board games, sporting equipment, books etc.

Anyone interested in “adopting” a family for the holidays should contact East Haddam Youth & Family Services. Donations can be delivered during regular business hours November 1st through December 16th.

Parents or guardians of children age birth to 18 who live in the East Haddam/Moodus community and are in need of gifts are encouraged to contact EHYFS after November 1st (860-873-3296).

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*Hint: "The place of bad noises"

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Emergency Management

The East Haddam Emergency Management Group knows the importance of being prepared for all types of emergencies. Preparing the Town is in many ways like you preparing your family for different emergency situations, just on a much larger scale. For our group, we need to be concerned with all of our residents, the different needs that people throughout town may have and what assistance they may need during an emergency.

One of the areas our group is diligently working on is the ability to assist our residents with functional needs during emergency events. Functional needs include: power requirements, transportation/mobility issues, oxygen dependence, etc. Over forty Emergency Management Volunteers attended a functional needs training class earlier this year. The training was taught by a dedicated group with different disabilities from the Capital Regional Planning group. The class was extremely informative and provided volunteers with a much better understanding of how we can assist our residents based on their potential needs during an emergency.

It is very important that we maintain an accurate list of residents that may need assistance during an emergency. If you or a family member may need assistance during an emergency we would



Members of the Capital Region Functional Needs Group train East Haddam Emergency Management Volunteers

request that you provide us your information. A special needs form can be found on the Towns Website (www.easthaddam.org) under the Emergency Management Department Page. Additionally, you can email ehaddamemgmt@easthaddam.org or call us at 860-873-5103 and we can send you the form to complete.

East Haddam is in the process of updating our Everbridge Emergency Notification System. For those of you that have created an account you can still use your old username and password but will be required to update your login/user

information when you log in for the first time on the new website. The new link to access the Everbridge sign up page can be found on the homepage of the Town website under "News and Public Notices." Also for those of you that have an android or iPhone there is now an "Everbridge Member" mobile app that you can download to your phone. You will need to have created or updated your account on the new Everbridge Website prior to downloading the app.

For updated information related to East Haddam Emergency Management, please check the town website or join our East Haddam Emergency Management Facebook page or Twitter feed.

Thoughts From Local Prevention Council

Have you heard this before? "Well I drank when I was in high school and I am fine so my kid can do the same". In my younger days having a few beers or the occasional Boones Farm while parents were away was the norm but is this the same kind of underage drinking that goes on today?

Kids today have access to money, transportation, social media and more alcohol options than ever before. The spirits industry has brought in millions of dollars marketing towards youth and statistics show their efforts have paid off. Kids start drinking alcohol at age 12 nationally and in CT even younger. Would you drink these flavors: cotton candy, cookie dough, cake, gummy? These fruity alcohol flavors are specifically marketed toward youth. Can you imagine Bill Cosby as the

spokesperson for Alcoholic Jello shots? Want some alcohol infused whipped cream on your dessert?

If youth are exposed in middle school to these products, do you wonder what happens when they reach high school? If they build a tolerance to alcohol at age 14, do they then go looking for other substances to give them a higher high? East Haddam survey results show an increase in substance use from 7th to the 12th grade both in levels and kinds of substances. The next time you enter a local retailer take a look as if you are 12, notice bright colors, sweet youthful flavors and cartoonish labels. Is this really the same kind of underage drinking that you grew up with?

Fire Education Class

East Haddam Fire Marshal's Office - Practice Fire Safety

The East Haddam Fire Marshal's Office is happy to announce the formation of a fire education class.

The class being offered is for parents, grandparents, teachers, caregivers or any person involved with the care of children ages 0-5. This age group is considered high risk in fire conditions.

Come learn how to protect your kids, through fire prevention techniques, fire drills and much more.

The class will be held on a January 18, 2014 @ 9:30 am at Company #1 Fire-house, 440 Town Street, it will run approx 2 hours with slides and movies.

Please contact by email Ehaddamfiremarshal@gmail.com or by calling (860) 262-1515 if interested.

You can also like us on facebook.

FAA Chapter

The Ray FFA Chapter is looking to secure increased assistance from adults and businesses within the East Haddam community. Our goal is to offer our members more opportunities within the FFA program. Please review the list below and consider becoming a valuable resource for our FFA members:

- Friends of Ray FFA Alumni group - Adults willing to attend a monthly meeting and/or to help with fund raisers that support Ray FFA activities and that provide scholarships and financial assistance to members
- Field Trip Locations - Local agricultural businesses and farms willing to provide tours and talks about their place of business
- Guest Speakers - Professionals or hobbyists willing to come to the high school and speak to classes or to the FFA chapter at a monthly meeting
- Work Placement - Businesses or homeowners who will hire a FFA member; FFA members can qualify for recognition if

records are kept of their hours and skills developed

- Career Development Events (contests) – Knowledgeable adults who can assist students in preparing for competition that will involve their knowledge and skills in a specific area of agriculture (To learn about details for individual contests, visit <https://www.ffa.org/programs/awards/cde>)

Agricultural Sales	Natural Resources
Floriculture	Nursery and Landscape
Food Science	Poultry Evaluation
Forestry	Public Speaking
Horse Judging	Safe Tractor Operation
Job Interview	Veterinary Science

If you are able to assist the Ray FFA Chapter in any way, please contact an FFA advisor at:

cheryl.matthewson@easthaddamschools.org or heidi.pease@easthaddamschools.org.

Moodus Reservoir Preservation Group - Incorporated?

Providing education, volunteerism and oversight to protect and improve Moodus Reservoir for the enjoyment of its property owners, town citizens and visitors. With the town beach and two state boat launches located here, the lake provides swimming, fishing, skating, water skiing and tubing.

If all goes well, by the time you read this "MRPG" will be incorporated. Not only will this allow us to acquire an official bank account, but our next step is to qualify for IRS Non-profit status, 501 (c) 3, granting tax deductible status to donations. This has resulted from our August 1 meeting to which all lake property owners were invited. It was well attended and many people volunteered to help with the process. In early September, a small group met to plan

these actions and how to progress with the Weed Management and Membership Committees. The Weed Management Committee is interviewing treatment vendors and consultants to determine the best, safest methods to control the fanwort, milfoil and other invasive and intrusive plants. We now have Facebook and e-mail presence. Committees are being formed for fund raising, water monitoring and a website. We will soon hold a general meeting to adopt the by-laws and elect corporate officers and directors.

For information or to get on our distribution list, go to Moodus.Reservoir@gmail.com or MRPG, 86 Falls Bashan Rd, Moodus, CT 06469. Find us on Facebook at Moodus Reservation Preservation Group.

Middlesex United Way Announces \$840,000 in Funding

Middlesex United Way Board of Directors has approved fund distributions in the amount of \$840,000 for fiscal year 2013-14. This funding includes support to 49 programs in Middlesex County, including \$15,100 for United Way 2-1-1 and \$15,000 in special one-time funding.

Funding will be distributed to programs in the following focus areas, consistent with United Way's Five Year Goals for the Common Good:

- Education - to increase children's readiness to learn by school entry: \$135,671;
- Income - to increase the economic self-sufficiency of individuals and families: \$56,200;
- Health - to reduce the rate of risky behaviors among youth and adults and improve the health and increase the safety of individuals and families: \$498,451; and
- Housing - to increase the ability of individuals and families to attain affordable housing: \$119,578.

Middlesex United Way invests in the areas of education, income, health and housing because all four are necessary for a good quality of life. Middlesex United Way helps to meet

critical needs and invest in long-term initiatives that create real, lasting change. This funding is made possible by 7,800 generous donors in Middlesex County.

In addition, Middlesex United Way invested \$15,100 in United Way 2-1-1, a 24-hour information and referral helpline that is available free of charge to anyone in Connecticut. 2-1-1 is a partnership between Connecticut United Ways and the State of Connecticut. To reach this service, simply dial 2-1-1 from any phone or visit 211ct.org.

Middlesex United Way also approved one-time grants of \$5,000 each to the Middlesex Coalition for Children, Middlesex Chamber's Youth at Work program, and NEAT's Double Dollars Program.

Middlesex United Way is a locally based organization dedicated to strengthening lives, helping people, and improving community conditions in the fifteen towns in Middlesex County. Middlesex United Way serves the towns of Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Old Saybrook, Portland, and Westbrook.



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Middlesex Hospital and *Events Magazines* Partner to Support Breast Cancer

This October, Essex Printing and Events Magazines will go pink. In conjunction with the goPINK project and The Middlesex Hospital Comprehensive Breast Center, Events Magazine will help increase awareness about breast cancer and proudly participate in goPINK by contributing a portion of the advertising sold during the month of October to the Middlesex Hospital Comprehensive Breast Center.

The Middlesex Hospital Comprehensive Breast Center (CBC) promotes strategies for screening and prevention of breast disease and works hand-in-hand with the Middlesex Hospital Cancer Center to coordinate treatment for women with breast cancer. The program provides clinical, diagnostic and support services to patients before, during and after their diagnosis and treatment. The Center is accredited by the American College of Surgeons National Accreditation Program for Breast Centers.

A sampling of the services provided includes radiological tests such as mammography, ultrasound and MRI; breast surgery, including reconstruction; radiation therapy and other treatments for breast cancer; nurse navigators who coordinate patient care; hereditary risk assessment; integrative therapies and a survivorship program; support services, including a social worker, dietitian and rehabilitation professionals.

For more information about the Middlesex Hospital Comprehensive Breast Center, call (860) 358-2082 or go to www.MHCancerCenter.org.

To learn how you can support goPINK, go to www.gopinkproject.com.

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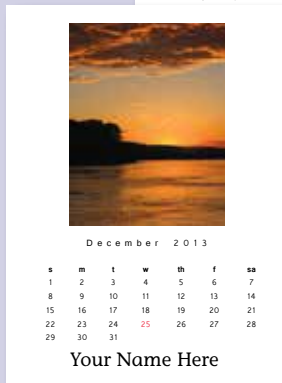
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